

1 Corinthians 11:23-26

...the Lord Jesus in the night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me."

In the same way, after supper He took the cup, saying, "This cup is the new covenant in My blood; do this, whenever you drink it, in remembrance of Me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes.



Preparing our hearts for Communion

Take time to remember the sacrifice that Jesus made and spend some time examining all that He is doing in your life. Ask God to reveal hidden issues.

Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. A man ought to examine himself before he eats of the bread and drinks of the cup. For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgement on himself.

-- 1 Corinthians 11:27-30

But if we walk in the light, as He is in the light, we have fellowship with one another, and the blood of Jesus, His Son, purifies us from all sin. If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and His word is not in us.

-- 1 John 1:7-10

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

-- James 5:16

Consider these questions to discover areas you may need to confess and change.

- What keeps me from God?
- Do I hold on to a secret sin?
- Do I need to tell God I am sorry for...?
- Have I neglected my relationship with God?
- Have I wronged anyone and need to apologize?
- Who do I need to forgive?
- What relationships do I need to improve?
- How is my attitude and behavior?
- What needs to change in my life?

Give thanks in prayer. (See sample below)

Lord Jesus, I pray that You would draw me into closer fellowship with You as I partake of the bread and cup in grateful remembrance of what You did for me on Calvary's cross. Thank You for dying for me on the cross and paying the enormous price for my sins, so that I may be forgiven of all my faults and receive Your grace. I confess that You are the living God, worthy of all honor and praise. Help me to live for You daily and glorify Your holy name. Amen.

Celebrate Communion

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